



DO IT FOR YOU!

Take time out of your busy day to exercise?
Spend money on a fitness program? Should
you even bother?

You'll get more out of life if you do it! You'll
lead a healthier life! Each day will be richer for it!

Make yourself the promise to try it out.
Call today and get started now! Do it for *YOU!*

Join Now!
\$18 Per Month
Dues*

*Advertised dues applicable for
first three months on Lifestyle I
Program, at which time regular
dues apply. Other membership
plans available.



1234 Fitness Lane
Anytown, ST 00000

000-0000

www.yourclub.com